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FUNDAMENTALS

NURSING STUDY NOTES

Fundamentals nursing bundle



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MEDICAL TERMS & ABBREVIATIONS

ASSESSMENT-TERMS

AAO: awake, alert, oriented
AKA: above-knee amputation
AMS: altered mental status
BKA: below-knee amputation
BM: bowel movement
BP: blood pressure
BPM: beats per minute
BS: bowel sounds
CVC: central venous catheter
I&O: intake and output
JVD: jugular venous distention
LBW: low birth weight
LMP: last menstrual period
LOC: level of consciousness
MAP: mean arterial pressure
NKDA: no known drug allergies
NPO: nothing by mouth
NVD: nausea, vomiting, diarrhea
OOB: out of bed
SOB: shortness of breath
VSS: vital signs stable
WNL: within normal limits



LOCATION

ABD: abdomen
ETT: endotracheal tube
FA: forearm
LE: lower extremity
LLE: left lower extremity
LLL: left lower lobe
LLQ: left lower quadrant
LUE: left upper extremity
LUL: left upper lobe
LUQ: left upper quadrant
RLE: right lower extremity
RLL: right lower lobe
RLQ: right lower quadrant
RUE: right upper extremity
RUL: right upper lobe
RUQ: right upper quadrant
UE: upper extremity



MEASUREMENTS

DR: dram
G: gram
GAL: gallon
GTT: drop
KG: kilogram
L: liter
LBS: pound
MCG: microgram
MEQ: milliequivalent
MG: milligram
MIN: minum
ML: milliliter
OZ: ounce
PT: pint
QT: quart
T, TBS, TBSP: tablespoon
TSP: teaspoon



DRUG PREP

CAP: capsule
DR: delayed release
EC: enteric coated
SR: sustained release
ELIX: elixir
SUPP: suppository
SUSP: suspension
TAB: tablet



DIAGNOSTIC TESTS

BX: biopsy
CT: computed tomography scan
CXR: chest x-ray
DRE: digital rectal exam
ECHO: echocardiogram
EEG: electroencephalogram
EKG/ECG: electrocardiogram
KUB: X-ray of kidneys, ureters, bladder
MRI: magnetic resonance imaging
PET: positron emission tomography
PFT: pulmonary function test
US: ultrasound
VQ SCAN: ventilation-perfusion scan



GENERAL TERMS

ADL: activities of daily living
AMA: against medical advice
C/O: complaint of
CC: chief complaint
D/C: discontinue/ discharge
DNR: do not resuscitate
DOB: date of birth
DX: diagnosis
ETOH: ethanol
Fx: fracture
HOB: head of bed
HPI: history of present illness
Hx: history
I & D: incision and drainage
MVA: motor vehicle accident
OTC: over the counter
PCP: primary care physician
PMHx: past medical history
PSHx: past surgical history
PT: patient
R/T: related to
Rx: prescription
S/S: signs and symptoms
SBAR: Situation, Background, Assessment, Recommendation
STAT: immediately
Sx: symptoms
Tx: treatment
VS: vital signs



MEDICATION ROUTES

GT: gastrostomy tube
ID: intradermal
IM: intramuscular
IV: intravenous
IVP: intravenous push
IVPB: intravenous piggyback
NG: nasogastric
OD: right eye
OG: orogastric
OS: left eye
OU: both eyes
PO: by mouth
PR: per rectum
SL: sublingual
SUBQ: subcutaneous



MEDICATION TIMES

AC: before meals
AD LIB: as desired
BID: two times a day
DAILY: once a day
HS: at bedtime
PC: after meals
PRN: as needed
Q1: every hour
Q2: every 2 hours
Q4: every 4 hours
Q: every
QH: every hour
QID: four times a day
TID: three times a day



BANNED ABBREVIATIONS

DO NOT USE

U

IU

Q.D., QD, q.d., qd, Q.O.D., QOD, q.o.d., qod

Trailing zero (X.0 mg) or lack of leading zero (.X mg)

MS, MS04, MgSO4

POTENTIAL PROBLEM

Mistaken for "0" or "cc"

Mistake for IV or "10"

Mistaken for each other

Decimal point is missed

Can mean morphine sulfate or magnesium sulfate

INSTEAD USE

unit

international unit

daily or every other day

X mg, 0.X mg

morphine sulfate or magnesium sulfate

SUFFIXES

-ECTOMY: excision/ removal
-ITIS: inflammation of
-(O)STOMY: new opening
-PHAGIA: eating/ swallowing
-POESIS: formation

PREFIXES

ANTE- : before **MACRO-** : large
AUTO- : self **MICRO-** : small
BRADY- : slow **PAN-** : all
CEPHALO- : head **PERI-** : around
DYS- : impaired **POLY-** : many
EPI- : above **POST-** : after
HEMA- : blood **PRE-** : before
HYPO- : low **SUB-** : below
HYPER- : high **SUPRA-** : above